

## Jasper School District

### April Wellness Newsletter

April is National Child Abuse Prevention Month, a time to recognize that we each can play a part in promoting the social and emotional well-being of children and families in communities.



### Types of Abuse

- Emotional
- Physical
- Sexual
- Neglect

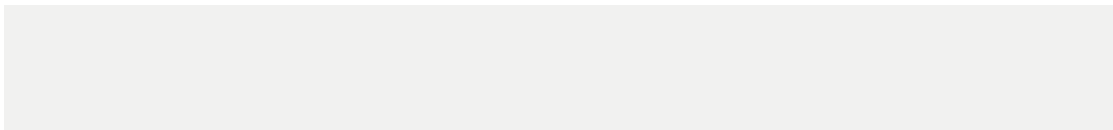
### Identification

**Emotional**-habit disorders (sucking, rocking, biting), substance abuse, speech disorders, antisocial, sleep disorders, behavioral extremes, delinquent behavior, and developmental delays

**Physical**-unexplained bruises, burns (esp. cigarette), fractures, self destructive behavior, withdrawn and/or aggressive behavior, arrives at school early or stays late as if afraid to be at home

**Sexual**-excessive seductiveness, frequent urinary infections, difficulty walking or sitting, inappropriate play, massive weight change, suicide attempt

**Neglect**-constant hunger, inappropriate dress, poor hygiene, unattended medical needs, lack of supervision, extreme loneliness and need for attention, frequently tardy or absent



## Prevention

- Understand the causes of child abuse and learn all you can about abuse and neglect.
- Learn to identify the warning signs that signal that a child is being abused.
- Report any known or suspected case of child abuse immediately.
- Seek help if you feel you are at risk of abusing a child.
- Be a friend to a child or parent in need.
- Alert others to the problem and help them to recognize and understand the effects of physical, sexual and emotional abuse and neglect.

Resources:

**Child Abuse Hotline 1-800-482-5964**

[www.preventchildabuse.org](http://www.preventchildabuse.org)

[www.childwelfare.gov](http://www.childwelfare.gov)

[www.childabuseprevention.org](http://www.childabuseprevention.org)