

Jasper Wellness Meeting Minutes
March 14, 2019
Kingston Campus, 8am, library
Jasper Campus, 12pm, board room
Oark Campus, 2:45, nurse's office

Attendance: Pat Summers, Marsha Shaver, Kaela Hawkins, Angela Kitchen, Tina Byrd, Kaylae Reynolds, Halle Emerson, Jeff Lewis, Melissa Henderson, Kenny DeYoung, Sonora Weeden, Tina James, David Dunlap, Tina South

1. Cafeteria updates/news - Tina Byrd
 - Tina has applied for the Fresh fruit and veggie grant for next year, but has not received word back yet
 - National School Breakfast Week last week was a success, lots of positive feedback on guests and activities.
 - She states she received the maximum portion list for next year, there will be changes for next school year.
 - The Wellness meeting in Jasper had special guests from student council. They made special requests for ACT aspire testing week. Students requested breakfast items to include bacon/eggs, biscuit/gravy, french toast sticks. Also requested testing day snacks. Tina said she would try and accommodate requests, and said they would for sure have snacks on those days.
 - Requests from Oark included having parfaits more often, and as a snack for testing days.
2. SBHC news - Melissa Henderson
 - Melissa said they have had 188 new patients since January, and are averaging over 20 patients daily and staying very busy.
 - Melissa talked about sports physicals. BMRHC would not be doing sports physical clinics this year, students will have to make appointments for well child visits and get the physicals at this time. She states the clinic is saying students are not getting their well child visits, so that is the reason for the change. States they will take sports physical appointments, but the cost is \$40..
3. UAMS - HealthyNow! updates/collaboration
 - Weekly challenges continue, our district doing much better on numbers, but still have room for improvement.
 - UAMS is scheduling end of year visits/smoothie parties. Oark is scheduled for May 3rd, Kingston would like to request May 10th in the afternoon, and Jasper says schedule after testing (testing days are April 26, 30, and May 1st. Angela will coordinate and see about dates.
4. Wellness Policy updates
 - Angela reported that about 8 responses to policy vote were "yes", and none were "no". Angela send the request to Mr. Cantrell for the school board to vote to approve.
5. SHI meeting plans

- Angela talked about scheduling the next wellness meeting which will include the School Health Index. She will try and partner it with admin meeting and/or handbook meeting. Maybe May 13 or 14th?
6. Juul (e-cigarette) education for students
- Angela had request from several teachers about doing e-cig or Juul education. Lana Boggs from the OUR Co-op is available to come to the schools to do program. Principals agreed that is needed and would be good.
 - Angela will send request to Lana and include principals in the email for scheduling purposes.